

Get on a roll with your health

Our mobile health vehicle is coming to you



Here's a new spin on good health: Take care of yourself without taking time off.

Where: Olmstead Plaza

When: Thursday, November 6, 2025
8:00 AM – 9:45 AM, 11:00 AM – 1:45 PM

What: Screenings for Kaiser Permanente and Non-Kaiser Permanente members
Free flu shots for those who register for the Biometric Screening

All participants will receive the following services:

- Blood Pressure • Glucose • Height, weight, and BMI calculation

Follow these steps to sign up for a wellness event at your worksite:

Step One: Create an Account

- Go to kp.org/wellnessevent or scan the QR code
- Use the sign-up code "UCR"
- For Returning Users: Enter your email address and password under "Returning users" and click "Submit"

Step Two: Schedule an Appointment

- Select an event by clicking "Choose Event"
- Choose the location, date, and time that works best for you and click "Schedule"
- You'll land at the "Manage My Event" page where you can view your appointment details, add the event to your electronic calendar, make changes to your appointment, and access wellness resources



[Visit the UCR 2026 Benefits Open Enrollment website.](#)

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